Erasmus+
Course Catalogue
Autumn Semester 2020

Police University College
Content

General information ........................................................................................................................................3
  Curriculum and the implementation of teaching .......................................................................................3
  Curriculum and implementation plan information for courses .............................................................3
  Grading scales ...........................................................................................................................................3
  Pedagogic policies behind the curriculum ...............................................................................................4
List of courses available for Erasmus+ students .....................................................................................5
Course descriptions ......................................................................................................................................6
  Orientation course, 1 ECTS ..................................................................................................................6
  The Finnish Way of Policing, 3 ECTS ......................................................................................................6
  Aspects of Operational Police Education, 3 ECTS ...............................................................................7
  Current Themes in Police Research, 3 ECTS .........................................................................................7
  Survival Finnish Course, 2 ECTS ...........................................................................................................8
  Policing, security and public order – contemporary challenges for leadership and management, 5 ECTS ..................................................................................................................................................8
  International competences from the police perspective, 3 ECTS .........................................................9
  First Responders E-learning Course on Cybercrime, 1 ECTS ..............................................................10
  Physical Education and Capabilities, 1 ECTS .......................................................................................10
  Project Work, 6 ECTS ............................................................................................................................11
  English for International Contacts, 1 ECTS .........................................................................................11
  How to Be a Police Officer, 1 ECTS ......................................................................................................12
General information

Curriculum and the implementation of teaching

The Police University College’s curricula are competency-based. Competency-based curricula determine the learning outcomes for the degree and courses, in other words, what the student should know, understand and be able to do as a result of the learning process. Evaluation is focused on learning results and based on learning outcomes. The principles of evaluation are described in the Police University College degree regulation.

The contents and implementation of the courses are described in more detail in an implementation plan which can be accessed on the institution’s intranet. The implementation of a course is planned by the responsible teacher of the course in question, together with other course teachers.

Urkund plagiarism detection software is used to analyze written assignments and the thesis.

Curriculum and implementation plan information for courses

The curriculum information describes the

- Scope of the course
- Course level
- General description of the course
- Learning outcomes
- Subject matter and/or parts of the course
- Course requirements and assessment
- Grading scale

Grading scales

At Polamk, the scope of studies is indicated in ECTS credits.

The grading scale is 1-5 or pass/fail.

<table>
<thead>
<tr>
<th>Local grade</th>
<th>Definition</th>
<th>ECTS Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>excellent</td>
<td>A</td>
</tr>
<tr>
<td>4</td>
<td>good</td>
<td>B</td>
</tr>
<tr>
<td>3</td>
<td>good</td>
<td>C</td>
</tr>
<tr>
<td>2</td>
<td>satisfactory</td>
<td>D</td>
</tr>
<tr>
<td>1</td>
<td>satisfactory</td>
<td>E</td>
</tr>
<tr>
<td>0</td>
<td>fail</td>
<td>F / FX</td>
</tr>
</tbody>
</table>
Pedagogic policies behind the curriculum

The Police University College curricula emphasize a student-oriented approach as well as learning and competence-based thinking. Factors that guide teaching and study include the goal-oriented development of competence, strengthening the aspects of learning and building modules that reflect day-to-day professional work.

The goal of the pedagogic policies of the Police University College is to ensure a common view of education and learning, the high quality of education activities, and well-being in the work community. The pedagogic policies are supported by education planning, curriculum work, and pedagogic management.

Figure 1. Elements of pedagogy at Police University College
# List of courses available for Erasmus+ students

Students are recommended to take 20-30 ECTS of courses during their study period. Teaching schedules are planned so that a student can study all available courses within the study period.

The language of instruction is English.

The list is preliminary and is subject to change.

## Compulsory for all incoming students

<table>
<thead>
<tr>
<th>Course</th>
<th>ECTS</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>Orientation course</td>
<td>1</td>
<td>B</td>
</tr>
</tbody>
</table>

## Primary courses: strongly recommended for all incoming students

<table>
<thead>
<tr>
<th>Course</th>
<th>ECTS</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>The Finnish Way of Policing</td>
<td>3</td>
<td>B/M</td>
</tr>
<tr>
<td>Aspects of Operational Police Education</td>
<td>3</td>
<td>B</td>
</tr>
<tr>
<td>Current Themes in Police Research</td>
<td>3</td>
<td>B/M</td>
</tr>
<tr>
<td>Survival Finnish Course</td>
<td>2</td>
<td>B</td>
</tr>
<tr>
<td>Policing, security and public order - Contemporary Challenges of Management and Leadership</td>
<td>5</td>
<td>M</td>
</tr>
<tr>
<td>International Competences from the Police Perspective</td>
<td>3</td>
<td>M</td>
</tr>
</tbody>
</table>

## Supplementary courses for students wishing to complete 30 ECTS

<table>
<thead>
<tr>
<th>Course</th>
<th>ECTS</th>
<th>Level</th>
</tr>
</thead>
<tbody>
<tr>
<td>First Responders E-learning Course on Cybercrime</td>
<td>1</td>
<td>B</td>
</tr>
<tr>
<td>Physical Education and Capabilities</td>
<td>1</td>
<td>B</td>
</tr>
<tr>
<td>Project Work</td>
<td>6</td>
<td>B/M</td>
</tr>
<tr>
<td>English for International Contacts (English language course)</td>
<td>1</td>
<td>B</td>
</tr>
<tr>
<td>How to be a police officer (English language course)</td>
<td>1</td>
<td>B</td>
</tr>
</tbody>
</table>

Course level: B = Bachelor (1st cycle), M = Master (2nd cycle), B/M = can be taken as a Master level course. All courses are open to all incoming students regardless of degree level.
Course descriptions

Orientation course, 1 ECTS

Course level
Elective studies, Bachelor level

Description
Orientation week for incoming Erasmus students.

Learning outcomes
After completing this course, the student is expected to grasp the principles of studying at POLAMK and to be familiar with POLAMK as a study environment. The student is aware of the services available to them to support their studies. The student is able to apply this knowledge in their studies.

Subject matter
Studying at POLAMK
POLAMK as a learning environment
Electronic study skills, electronic services for students and information security
Practical matters
Support services

Required work
Attendance at lectures

Grading scale
The course will be graded on a scale of pass/fail.

The Finnish Way of Policing, 3 ECTS

Course level
Elective studies, Bachelor level (can be taken at Master level)

Description
In Finland, public confidence in the police is strong. According to polls, 95% of the population trusts the police. How are these numbers achieved and maintained? Why is it important to aim for high confidence levels? During the course, students gain an understanding of the historical developments, operational principles, strategies, and ethics of the police in Finland. The students also learn how Finnish police education and work compare to those in the Nordic countries and in the EU.

Learning outcomes
After completing this course, the student will be familiar with the basics of police work and education in Finland. The student will be aware of the main legislative and ethical principles of the Finnish police. The student will be able to compare policing in Finland to that in her/his own country and internationally.

Subject matter
Historical developments, operational principles, strategies, and ethics of the police in Finland in comparison to other countries

Required work
Aspects of Operational Police Education, 3 ECTS

Course level
Elective studies, Bachelor level

Description
Introduction to different aspects of police education at Polamk in theory and practice. During the course, the students will get to know some practical approaches to police education and police work during short training exercises, lectures and other activities.

Learning outcomes
After completing this course, the student will be familiar with and understand the role of a number of aspects or functions pertaining to education at Polamk and police work in general.

Subject matter
Participating and/or observing exercises in police education separately or jointly with Finnish students. Subjects include stress management and resilience training, crime scene investigation, use of force, concluding exercises. The level of participation in the exercises is determined by the student’s previous experience and background. The course also includes study visits.

Required work
Lectures, exercises, literature, learning diary.

Grading scale
The course will be graded on a scale of pass/fail

Current Themes in Police Research, 3 ECTS

Course level
Elective studies, Bachelor level (can be taken as a Master level course)

Description
The course consists of lectures and seminars on current topics in police research. Different researches present on their area of expertise and current research projects at Polamk. The students learn about the topics based on literature and other material and present their findings in a workshop or seminar that concludes each course section.

Learning outcomes
After completing the course the student is able to
- understand the issues and significance of chose current themes in police research
- generate and compare information related to the themes covered in the course
- present ideas and information coherently to a specific audience

Subject matter
Different themes for the course are determined annually.

**Required work**
- Attendance at lectures
- Active participation in workshops and seminars including presentations and discussions

**Grading scale**
The course will be graded on a scale of 0 to 5

---

**Survival Finnish Course, 2 ECTS**

**Course level**
Elective studies, Bachelor level

**Description**
The aim of the course is to offer the student a basic knowledge of the Finnish language so that the student can cope with some situations linked to everyday life. The student also learns about some basics of Finnish customs. The course concentrates on practical language use.

**Learning outcomes**
After completing this course, the student will know the foundations of Finnish pronunciation and be able to use and understand some short and simply structured Finnish expressions that concern some of the most common everyday situations. The course introduces everyday language and includes many activities to practice listening and reading comprehension, writing and speaking. With the course, it is possible to build a useful vocabulary of the Finnish language.

**Subject matter**
Greetings, simple questions, countries and nationalities, numbers, the days of the week and months, police work, food and eating; phrases connected to these subjects.

**Required work**
Attendance at lectures and exercises
Learning assignments
Exam
Successful completion of the exercises indicating that the student has acquired the skills included in the subject matter

**Grading scale**
The course will be graded on a scale of pass/fail

---

**Policing, security and public order – contemporary challenges for leadership and management, 5 ECTS**

**Course level**
Elective studies, Master level

**Description**
The purpose of the course is to build the capacity and skills of the students in policing leadership and strategic management. The student gains an understanding of current developments in policing from a comparative perspective, the development of societal security and security research, changing security environments and the police work environment, as well as contemporary challenges in public order and public order policing. The student learns to apply the
policing and security theories, approaches and methods in problem solving, strategic management and operative management.

**Learning outcomes**

After completing this course, the student will be able to see and analyse the relationship and interdependencies between phenomena, concepts and theories of policing, security and public order. The student will be able to compare policing approaches, strategies and methods and assess and develop strategic and operative management. The student will be able to analyse and connect the phenomena to a professional context, find different solutions and ways of working, justify the choices and create new solutions.

**Subject matter**

Policing research and theories, security, security research and societal security, changing policing and security environment (complexity, wicked problems, blurring boundaries of policing, security and military, and public and private policing), public order policing (including politicization, violence, riots, police hostility), threat assessments and situation picture, community policing, resilience, democracy, multiagency cooperation, networks, accountability. Requirements for leadership and strategic management in the context of the course content.

**Required work**

- Attendance at lectures
- Learning diary based on lectures and selected literature
- Presentation of the case or topic of interest of the student (for instance comparison of policing models in a few countries, current public order challenges, like political demonstrations, for the police)

**Grading scale**

The course will be graded on a scale 0-5

---

**International competences from the police perspective, 3 ECTS**

**Course level**

Elective studies, Master level

**Description**

During this course, the students familiarize themselves with the international working and operating environments from the police perspective. The students will obtain skills in working in international networks and learn to utilize international knowledge and expertise in their own fields and opportunities for competence development.

**Learning outcomes**

After completing this course, the student will be able to
- operate in an international operating environment, taking cultural differences into consideration;
- apply and assess international knowledge and expertise;
- form a general idea of the position and importance of professional duties in the international operating environment; and
- describe the challenges in the international operating environment and the management of cooperation, and find constructive solutions for them.

**Subject matter**

- Organizations related to international police work
- Importance of cultural issues and interaction
– Operating in international networks and working in an international setting
– International dimension of competence development

Required work
Learning assignments

Grading scale
The course will be graded on a scale of pass/fail.

**First Responders E-learning Course on Cybercrime, 1 ECTS**

**Course level**
Elective studies, Bachelor level

**Description**
During the course, the student acquires the skills to identify and seize potential digital evidence.

The student learns about cybercrime, internet, encryption, dark web and virtual currencies.

The course provides the student with the basic ability to assist victims of cybercrimes facilitated by the use of new technologies when taking the complaint and starting a criminal investigation.

**Learning outcomes**
After completing this course, the student will be able to
– use the FiRST tool on a crime scene
– identify and seize potential digital evidence related to investigation
– plan and execute a search on a digital crime scene

After completing this course, the student will
– be familiar with the basic concepts of cyber enabled and cyber dependent crimes
– understand the role of a first responder in cyber related crimes

**Subject matter**
- Internet and services
- Open source intelligence
- Devices and technology
- Cyber enabled and cyber dependent crimes
- Seizure of digital evidence
- Practical guidelines on addressing common technical issues
- FiRST software

**Required work**
Successful completion of the exercises indicating that the student has acquired the skills included in the subject matter

**Grading scale**
The course will be graded on a scale of pass/fail

**Physical Education and Capabilities, 1 ECTS**

**Course level**
Elective studies, Bachelor level
Description
During this course, the student learns about the physical training and sports training in Finnish police education, learns about a range of endurance and strength training methods and participates in physical sports testing. Exercises and tests taken during the course are planned in cooperation between the student and the teacher.

Learning outcomes
After completing this course, the student will be able to evaluate their own mental and physical ability to work and adopt various models for its improvement.

Subject matter
Strength training, endurance training

Required work
Guided and independent exercises and sports tests, self-assessment

Grading scale
The course will be graded on a scale of pass/fail

Project Work, 6 ECTS

Course level
Elective studies, Bachelor level (can be taken as a Master level course)

Description
The students will form a team in which they will pick a current topic relating to police work (such as intimate partner violence, use of force etc). The project work includes comparing aspects of the chosen topic in different countries from the perspective of the law, police education and jurisdiction. The students will present their work in written and/or oral form.

Learning outcomes
After completing this course, the students will be able to generate and compare information related to a chosen topic, understand its significance in their field and present ideas and information coherently to a specific audience. The student will be able to learn independently as well as collaborate through working in a team to achieve common goals.

Subject matter
Current themes in police work

Required work
Attendance at tutorials
Independent work in teams
Project report

Grading scale
The course will be graded on a scale of pass/fail.

English for International Contacts, 1 ECTS

Course level
Elective studies, Bachelor level
Description
During this course, the student will acquire oral and written communication skills for different types of situations.

Learning outcomes
After completing this course, the student will be able to
- introduce themselves and their position articulately and convincingly
- prepare and deliver oral and written presentations on international subjects related to police work
- create and maintain contacts and have a fluent conversation in English
- use versatile international terminology and vocabulary related to police work

Subject matter
- Presentations, meetings, emails, communication on the phone, an interview
- International terminology (Interpol, Cepol, Frontex, Tispol, Europol)

Required work
Learning assignments and active participation, including an oral presentation and a peer review. A written exam.

Class attendance (at least 80 %) is required and will be checked.

Grading scale
The course will be graded on a scale of 1 to 5

How to Be a Police Officer, 1 ECTS

Course level
Elective studies, Bachelor level

Description
Why do you want to become a police officer? What makes a good police officer? What is it like to be a police officer in the UK? These are some of the questions that this course deals with. The student gains an understanding of the British police force. The student will also learn about police vocabulary in English, a police officer's job description and typical work situations.

Learning outcomes
After completing this course, the student will be able to

- read and understand English literature
- analyse elements and relationships in English
- use key police vocabulary and phrases in English writing
- to develop their skills in English as part of their professional competences

Subject matter
- written skills
- reading comprehension
- police vocabulary

Required work
Book exam
Grading scale
The course will be graded on a scale of 0 to 5

The assessment is based on the descriptions of language proficiency in the Common European Framework of Reference for Languages and the national proficiency descriptions for polytechnics determined on the basis of the Framework. Proficiency level B2.